

Tuckshop Menu

Term 4, 2021

Order online via the FlexiSchools App or website
flexischools.com.au by **no later than 8:30am**

AVAILABLE EVERY MONDAY & WEDNESDAY

1st Break – class tray collected from tuckshop

Spinach & Feta Roll **\$4.00**

Spinach & Feta Roll (GF) **\$4.50**

Toasties (GF available)

- Cheese **\$4.00**
- Cheese & Tomato **\$4.50**
- Cheese & Pineapple **\$4.50**

Salad Wrap ½ - **\$3.50** Salad, cheese, mayo & hummus only - NO alterations

Salad Wrap Whole - **\$6.00** Salad, cheese, mayo & hummus - V/GF Options

Banana Bread (GF, DF) **\$3.00**

Apple Yoghurt Slice (GF, DF) **\$3.00**

Popcorn (V, GF) **\$1.00**

Fruit Salad (V,GF) **\$3.00**

2nd Break – student to collect from tuckshop

Fruit Smoothie w/coconut yoghurt & honey (V, GF) **\$3.50**

Chocolate Brownie (V, GF) **\$3.00**

Berry Yoghurt Cups (GF) **\$3.00**

Iceblocks **\$1.00** Made from 100% bottled fruit juice (no added sugar)



MONDAY SPECIAL

Sushi w/ Carrot,
Cucumber & Avo

Gluten Free & Vegan
\$4.50 (half)
\$6.00 (whole)



WEDNESDAY SPECIAL

Mexican Burrito
Gluten Free,
Vegan Option
\$5.00 (standard)
\$6.00 (GF,V)



Please contact Sophie (Tuckshop Co-ordinator) via the office

if you have any questions or would like to be placed on the tuckshop volunteer roster for Term 4 (a great way to work off your energy contribution).