

# Tuckshop Menu

## Term 2, 2021

Order online via the FlexiSchools App or website

[flexischools.com.au](https://flexischools.com.au)

### AVAILABLE EVERY WEDNESDAY & FRIDAY

#### 1st Break – class tray collected from tuckshop

Spinach & Feta Roll **\$4.00**

Spinach & Feta Roll (GF) **\$4.50**

Toasties (GF available)

- Cheese **\$4.00**
- Cheese & Tomato **\$4.50**
- Cheese & Pineapple **\$4.50**

Salad Wrap ½ - **\$3.50** Salad, cheese, mayo & hummus only - NO alterations

Salad Wrap Whole - **\$6.00** Salad, cheese, mayo & hummus - V/GF Options

Sweet Muffin (V, GF) **\$2.00**

Popcorn (V, GF) **\$1.00**

Fruit Salad (V,GF) **\$3.00**



#### 2nd Break – student to collect from tuckshop

Chia Mousse Pudding (V, GF) **\$3.00**

Apple Crumble (V, GF) **\$3.00**

Warm, homemade Chai (almond or dairy) **\$3.00**

Iceblocks **\$1.00** Made from 100% bottled fruit juice (no added sugar)

#### WEDNESDAY SPECIAL

Red Lentil Dahl w/  
Rice & Pappadam

Gluten Free & Vegan  
**\$4.50**



#### FRIDAY SPECIAL

Miso Sesame Noodles  
Gluten Free & Vegan  
**\$4.50**



**Please contact Zeb Hornabrook (Tuckshop Co-ordinator) via the office**

**If you have any questions or would like to be placed on the tuckshop volunteer roster for Term 2 (a great way to work off your energy contribution).**